

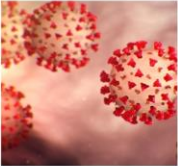


RAPID RESPONSE
VIRTUAL HOME VISITING

Supporting Home Visitors in a Post-Pandemic World: Insights and Best Practices

April 26, 2023

RR-VHV Resources



Institute
for the Advancement of
Family Support Professionals

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RAPID RESPONSE VIRTUAL HOME VISITING

The Rapid Response-Virtual Home Visiting collaborative (RR-VHV) will provide best practice principles and strategies to support all home visiting professionals in maintaining meaningful connection with families during this time of increased anxiety and need.

Through collaboration, the RR-VHV will leverage the extensive resources and expertise that exists across home visiting organizations to support the development and distribution of cross-model, cross system approaches and guidance.

Providing immediate support for our front-line home visiting staff and the families they serve is our highest priority.

The RR-VHV is committed to creating processes to facilitate collaborative content development and shared decision making.

Available Webinars

- Home Visiting Models and COVID 19 Response**
(Friday, April 3, 2020)
If you are having difficulties accessing the webinar, click here to download the video.
Learn how HRSA and national home visiting models are responding to the COVID 19 crisis. The discussion will explore needs and priorities from the field, model guidance, resources available to support current efforts and responses from federal, state and local levels.
- Virtual Visit Readiness**
Learn the basics of using different types of technology to connect with families.
Available Resources:
Readiness Reflection (pdf)
Troubleshooting Tips (pdf)

Resources

Frequently asked questions

Want to help?

If you would like to support our efforts, please let us know!

Contact the RR-VHV for more information

Guiding Principles

Accessible:

- All resources will be provided free of charge and made accessible to providers through the website and other platforms.
- All information and resources shared will be designed to meet the needs of all home visiting professionals.
- All materials developed as a result of this project will remain available to support future needs of the field.

Strength-based:

- Include as many provider networks as possible in content and resource development.
- All providers bring unique and important views. Expertise will be sought based on content area and specific needs.
- Every effort will be made to be as inclusive as possible. However, it is important to remember that no one individual or organization is expected to have expertise in every area. Please assess your own areas of strength and capacity to determine those areas in which you believe it is most important to be involved.

Shared Responsibility

- The RR-VHV will create a shared process for information gathering and sharing that is inclusive of all providers.
- It will be up to each provider network to determine the most efficient way for inclusion in rapid decision making and content review.
- To maintain a rapid response framework, we

Webinar recordings, slide decks, and supporting documents are available at:

<https://institutefsp.org/covid-19-rapid-response>



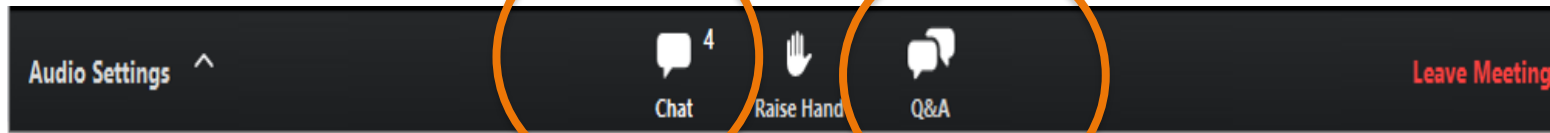
Chat Feature

Q&A Feature

Please use the chat box to respond to questions that we ask you!

Please use the Q&A box to submit your questions.

Thank you!



Objectives

- Reflect on home visiting challenges in the 'post pandemic' era
- Explore a ParentChild+ Home Visiting Study
- Learn strategies for supporting home visitors in hybrid and in-person visits



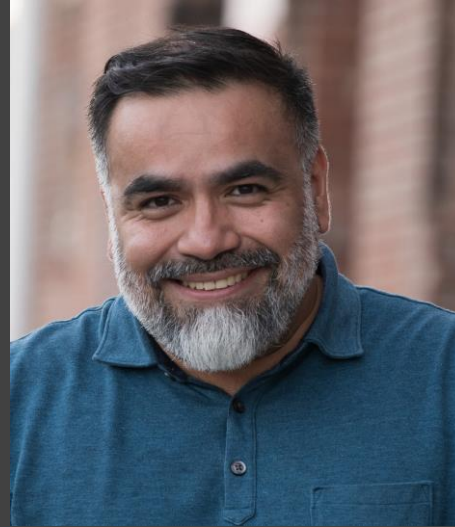
National FSP Competencies

- Domain 1: Infant and Early Childhood Development
 - Dimension 1 Typical and atypical development
 - Dimension 5 Early learning
- Domain 3: Parent-Child Interactions
 - Dimension 11: Influences on parenting
 - Dimension 12: Parent-child relationships
- Domain 4: Dynamics of Family Relationships
 - Dimension 15 Influences on family well-being
- Domain 7: Relationship-Based Family Partnerships
 - Dimension 25 Respect and responsiveness
 - Dimension 26 Positive communication
 - Dimension 27 Collaboration
- Domain 8: Cultural and Linguistic Responsiveness
 - Dimension 28 Cultural competency
- Domain 10: Professional Practice
 - Dimension 36 Professional development
 - Dimension 38 Quality improvement

Today's Panelists



Jessica Faith,
Associate Director, Learning &
Fidelity
ParentChild+



Cesar Zuniga,
Director of Research & Evaluation
ParentChild+



Who is ParentChild+?



- Early Learning Specialists (home visitors) typically share a community, linguistic, or cultural context with the families
- School readiness and parent support program
- One-on-One and HBCC models
- Children 16-48 months
- Families receive 92 visits

Poll: Sample Rapid Cycle Survey Questions

In what modality are you conducting home visiting?

What is the most challenging aspect of virtual home visiting?



Introduction: Covid Context

- Social distancing, social isolation
- Basic needs
- Underserved communities (ex: tech divide)
- Social unrest, BLM
- Lack of evidence to support the change in the field to virtual or hybrid visiting



Rapid Cycle Overview

Child Trends project overview (2021-22)

Goal:

To understand the changes to delivery of virtual home visits in a more systematic and scientific way

Long-term goal:

Development of a hybrid home visiting model



Research Questions

- What changes were adopted for virtual home visiting compared to the in-person model?
- How are staff and families experiencing virtual visits?
- What are barriers and advantages to virtual visits?
- What are the resources and supports needed for virtual visits?

Virtual Home Visits (HV): Research Process

Phase 1: Gather information about HV and family experiences with virtual home visiting

Phase 2: Identify and implement changes to virtual home visiting practice

Phase 3: Evaluate changes to virtual home visiting practice and share findings

Race Equity Framing of Research Methods

ParentChild+ Context

- 70% immigrant families
- >90% BIPOC families

Data Collection

- Collecting data in English & Spanish
- Compensating ELSs & families
- Remaining mindful of participant burden (rapid cycle format)

Data Analysis & Dissemination

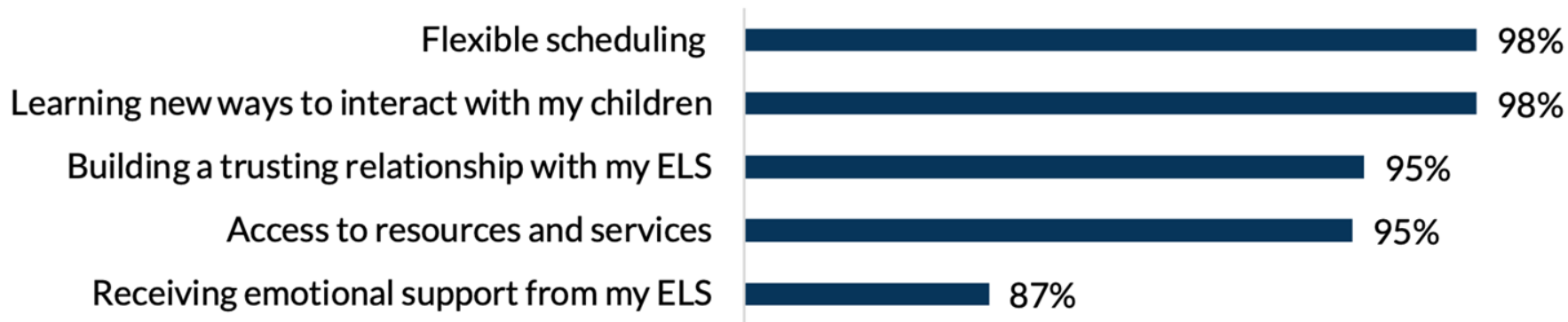
- Soliciting HV feedback on interpretation of findings
- Holding meetings for ELSs to share findings and preview final report

Phase 1: Feedback of Virtual Visiting



Survey Results: Successes of Home Visiting

Figure 2. Families' reported successes of virtual visits (n = 41)



Source: ParentChild+ Baseline Survey, 2021, Child Trends



Family challenges to virtual home visiting

Table 4. Challenges of virtual visits for families

	Families (n = 41) (%)
Interruptions from other family members or children	33%
Access to technology such as tablets and computers	33%
Access to reliable internet	26%
Keeping my child engaged during visits	22%
Unfamiliarity with technology	18%
Receiving emotional support from my ELS	15%

Source: ParentChild+ Baseline Survey, 2021, Child Trends

Home Visitor Challenges to Virtual Visiting

Table 5. Challenges of virtual visits for Early Learning Specialists (n = 14)

	ELS (%)
Maintaining parent and child engagement during visits (e.g., keeping them in view during visits)	57%
Repeated visit cancellations	57%
Finding a quiet space for you to work (at home or in the office)	57%
Technology or internet access	29%

Source: ParentChild+ Baseline Survey, 2021, Child Trends



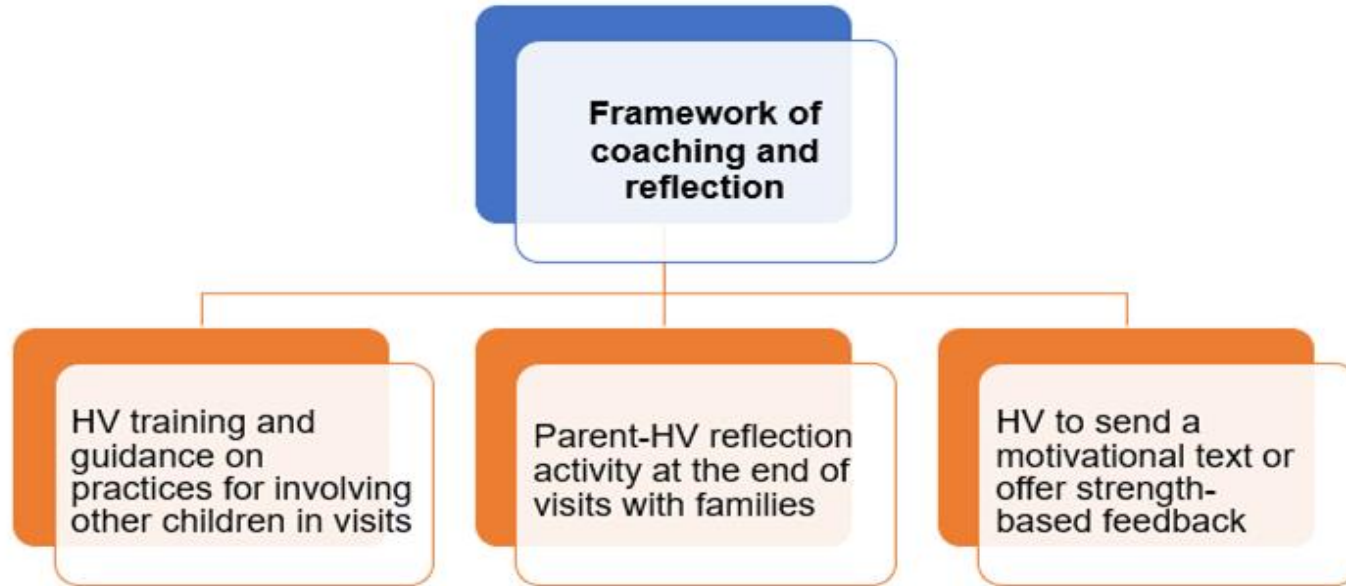
Phase 2: Training + Next Steps



Moving Towards Phase 2: Solutions

Phase 1 Challenges	Phase 2 Solutions Proposed
Family: Engagement during visit (ex: disruptions from others)	Training and guidance on practices for involving other children in visits
Family: Need for emotional support from home visitor	Reflection activity with families
ELS: Scheduling issues, cancellations or rescheduling	Motivational text/strength-based feedback

Moving Towards Phase 2: Training





In the Chat....

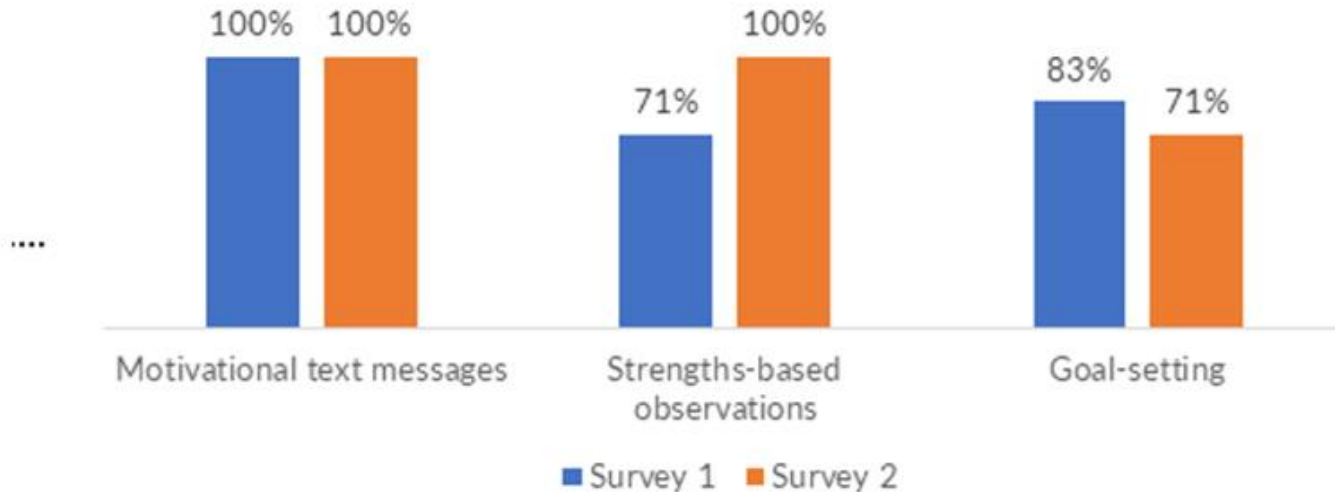


From this video, drop a sample strength-based text that you might send to this Mom:

- What parenting strengths did Mom exhibit?
- How did Mom support her children's development?

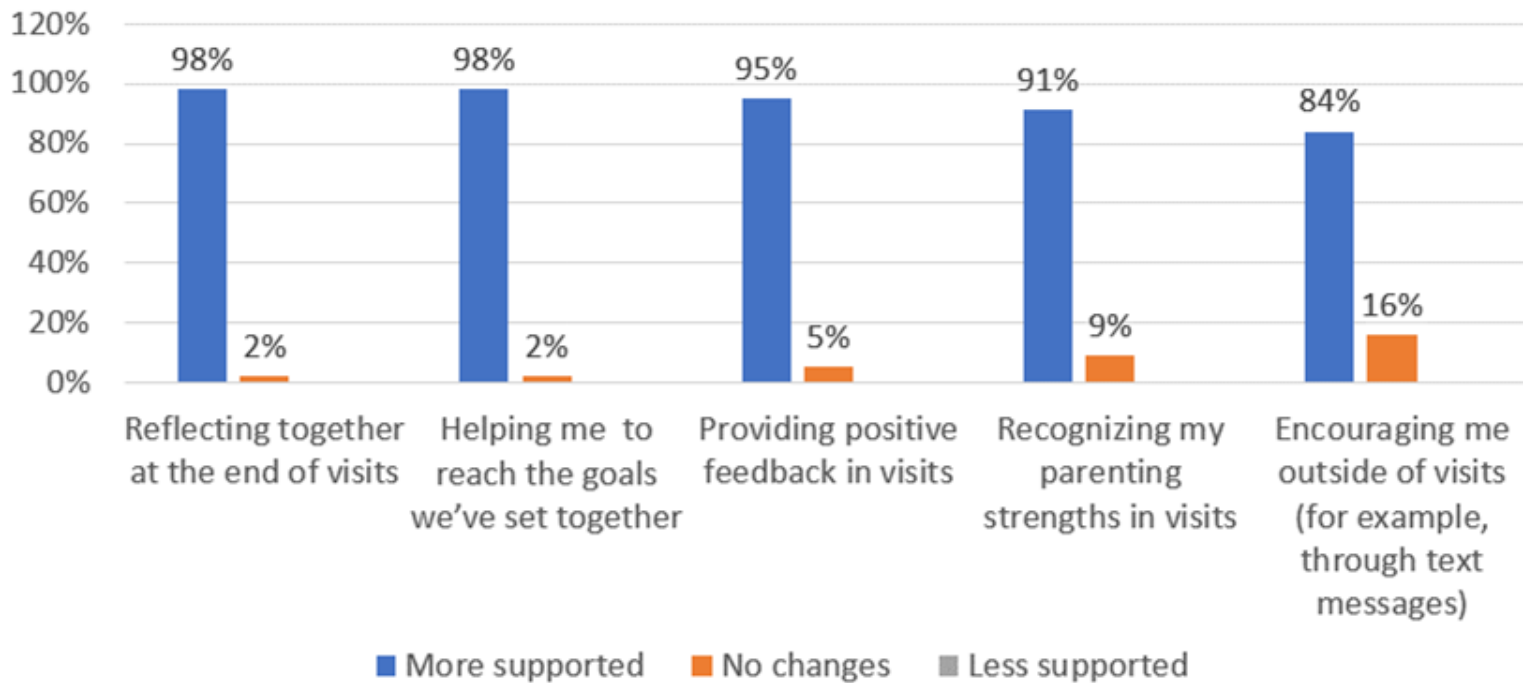
Home Visitor Perceptions of Change

Figure 4. Early Learning Specialists' perceptions of how positively families responded to changes



Source: ParentChild+ Rapid Surveys, 2022, Child Trends

Family Perception of Changes

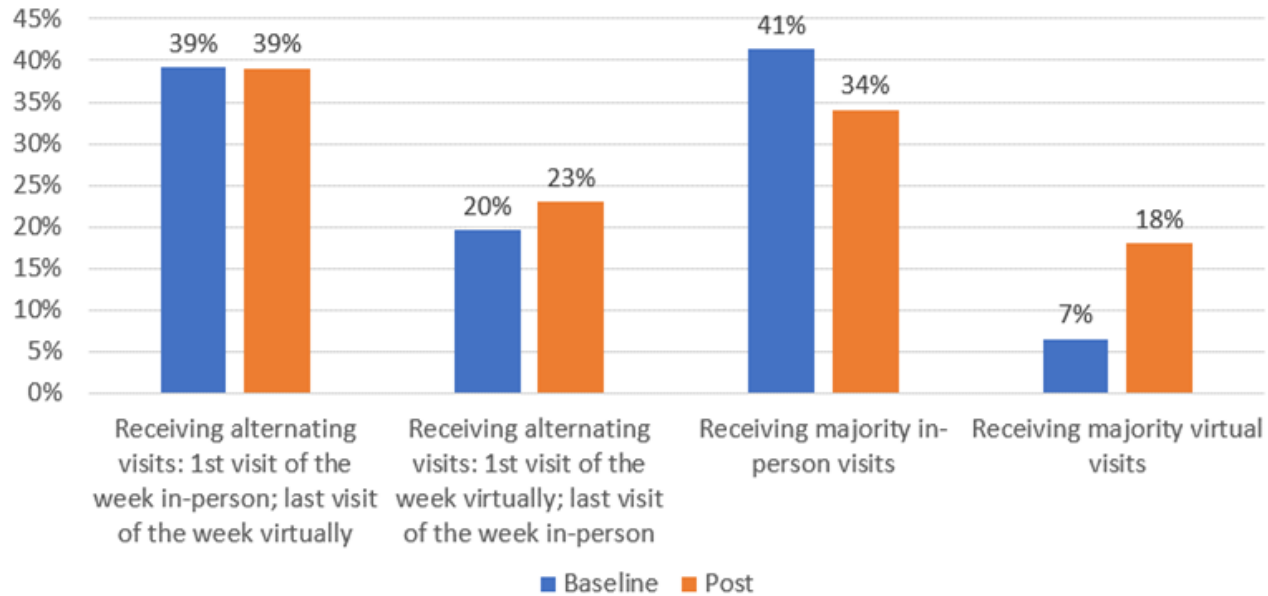


“My HV often sends reminders and feedback after our visits acknowledging what I did during the visit. It feels good to see that other people recognize the effort you are making when you are doubting yourself.”

- Parent receiving virtual visits only, post survey



Family Interest in Hybrid Home Visiting



What Are Sample Reflection Questions?

With Family (End of Visit):

- Goals
- Reflection of visit
- Observations - child development, learning, strengths
- Co-planning

Home Visitor Self-Reflection (After Visit):

- HV practice
- Professional development and core competencies
- Supervision



Activities Suited for Virtual Visiting

	ELS			Families		
	In-Person	Either	Virtual	In-Person	Either	Virtual
Reading books/storytelling	8%	92%	0	44%	44%	12%
Music and movement	17%	67%	17%	49%	47%	5%
Arts and crafts	17%	83%	0	58%	40%	2%
Hands-on (games, puppets, play-dough, etc.)	18%	73%	9%	66%	33%	7%

Takeaways

- Away from “prescriptions;” centering family voice and collaboration
- Towards sustainable coaching and goal setting approaches
- Chances for reflection built into visits (end or beginning of visit)
- Weigh benefits of virtual visits with family preference + need
- Research and HV practice to inform each other



Child Trends Brief



Understanding the Needs of ParentChild+ Staff and Families Participating in Virtual Home Visiting

Erin Bultinck, Katy Falletta, Pilar Stoepfelwerth, Sarah Crowne, and Danielle Hegseth

This research was conducted in collaboration with the ParentChild+ National Center with funding from Tipping Point Community.



Questions



THANK
YOU



Credits

We extend a special thank you to the team that created this webinar:

- Casey Amayun, Rapid Response Virtual Home Visiting
- Nelson Artavia, Brazelton Touchpoints Center
- Jessica Faith, ParentChild+
- Joelfre Grant, Brazelton Touchpoints Center
- Cesar Zuniga, ParentChild+

