



- 1. EMPOWER Moms Toolkit for Home Visitors:** The toolkit provides home visiting programs with client education materials and implementation tools to support maternal warning signs education. This education covers the important signs of maternal complications that may occur during pregnancy and the year after delivery. The toolkit includes:
 - a. 3-minute video presenting the warning signs. Available in English, Spanish, and French at <https://maternalwarningsigns.org/>
 - b. Double-sided handout with the Urgent Maternal Warning Signs on the front and a discussion guide on the back. Available for download in 12 languages from: <https://drive.google.com/drive/folders/1QjdO78ySBRyJ7TtEVXwS2l8Z7GXxwISH?usp=sharing>
 - c. Implementation manual for home visiting programs, also available at <https://drive.google.com/drive/folders/1QjdO78ySBRyJ7TtEVXwS2l8Z7GXxwISH?usp=sharing>
 - d. Online training for home visitors (1.5 hours) offered by Johns Hopkins University, please contact Elizabeth Stierman, PhD at estierm1@jhu.edu for more information.
- 2. Alliance for Innovation on Maternal Health (AIM) Urgent Maternal Warning Signs website and handouts:** EMPOWER Moms uses the list of urgent maternal warning signs developed by the Alliance for Innovation in Maternal Health (AIM), a consortium of professional organizations representing maternity care physicians, midwives, and nurses. These are used with AIM's permission in EMPOWER training and materials. Please visit the AIM website for a detailed description of each of the 15 urgent maternal warning signs: <https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning-signs/>
- 3. CDC's Hear Her Campaign:** CDC's Hear Her campaign seeks to raise awareness of urgent maternal warning signs during and after pregnancy and improve communication between patients and their healthcare providers. The Hear Her campaign features compelling stories from women about their experiences during or after pregnancy. Visit the CDC Hear Her website to watch videos, access social media resources to share with your network, and download educational resources for pregnant and postpartum people and their partners, friends, and family: <https://www.cdc.gov/hearher>