



RAPID RESPONSE
VIRTUAL HOME VISITING

Attachment & Executive Functioning in Virtual Home Visits

April 7, 2021

Presenters



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IAFSP Rapid Response Virtual Home Visiting

The screenshot displays the IAFSP website's 'Rapid Response Virtual Home Visiting' page. At the top left is the IAFSP logo, which includes a green house icon with a heart inside. The page title is 'RAPID RESPONSE VIRTUAL HOME VISITING'. Below the title, there are navigation links: 'Your Dashboard', 'All Modules', 'Your Compass', and 'Hi Red'. A purple button labeled 'Resources' and a blue button labeled 'Frequently asked questions' are visible. A section titled 'Want to help?' includes the text 'If you would like to support our efforts, please let us know!' and a blue button that says 'Contact the RR-VHV for more information'. Below this is a 'Guiding Principles' section with three sub-sections: 'Accessible', 'Strength-based', and 'Shared Responsibility'. The 'Accessible' section lists three bullet points: 'All materials will be provided free of charge and made accessible to providers through the national and state portals', 'All information and resources shared will be designed to meet the needs of all home visiting professionals', and 'All materials developed as a result of this project will remain available to support future needs of the field'. The 'Strength-based' section lists two bullet points: 'Include as many provider networks as possible in content and resources development' and 'All provider writing groups and expert panels. Expertise will be sought based on content area and specific needs'. The 'Shared Responsibility' section lists three bullet points: 'The RR-VHV will create a streamlined process for information gathering and sharing that is inclusive of all providers', 'It will be up to each provider network to determine the most efficient way for inclusion', and 'To maintain a rapid response framework, we...'. On the left side of the page, there is a section titled 'Available Webinars' with two featured webinars. The first is 'Home Visiting Models and COVID 19 Response' (video, April 3, 2020) with a thumbnail showing red virus particles. The second is 'Virtual Visit Readiness' with a thumbnail showing a woman working on a laptop. Below the webinars are links for 'Available Resources: Readiness Subaction (pdf)' and 'Troubleshooting Tips (pdf)'. At the top right of the page, there is a dropdown menu for 'Hi Red'.

Webinar recordings, slide decks and resources are available at:

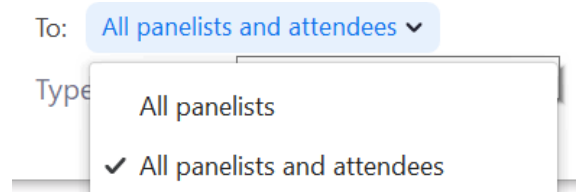
- <https://institutefsp.org/COVID-19-rapid-response>



Q&A and Chat Features

If you have a specific question for one of our speakers, please use the Q&A function

Please use the chat box to respond to questions we ask you!



National FSP Competencies

Domain 1: Infant and Early Childhood Development

Dimension 1: Typical and atypical development

Component b: Developmental stages and milestones

Domain 2: Child Health, Safety, Nutrition

Dimension 6: Infant mental health

Component c: Mental health concerns

Domain 3: Parent-Child Interactions

Dimension 12: Parent-child relationship

Component a: Attachment

Domain 4: Dynamics of Family Relationships

Dimension 14: Health family functioning

Component d: Networks of support

Dimension 15: Influences of family well-being

Component d: Risks and stressors

Domain 5: Family Health, Safety, and Nutrition

Dimension 18: Mental health

Component b: Toxic stress and trauma

Domain 6: Community Resources and Support

Dimension 22: Building Community Relationships

Component a: Identification of community resources



Learning Objectives

- To understand the basic skills supporting executive functioning
- To understand the connection between attachment and executive functioning
- To understand strategies that can be employed to scaffold executive functioning in caregivers

Poll

What percentage of your time during a virtual home visit is spent supporting your caregivers in accessing services to meet their basic needs (e.g., housing, daycare, financial support, food, etc.)?



Poll

What percentage of your time during a virtual home visit is spent supporting a caregiver's emotional needs (e.g., supporting their emotional thorough conversation, helping to regulate feelings, etc.)?



Mindful Moment



Early Childhood Experiences

- Foundations of learning, development, mental and physical health begin with early childhood experiences
- Experience of having needs and being in a relationship with a caregiver who can respond to needs



Early Childhood Experiences

Supporting early relationship yields positive outcomes



Higher self-esteem



Stronger connections with friends and family



Skills for healthy adult relationships

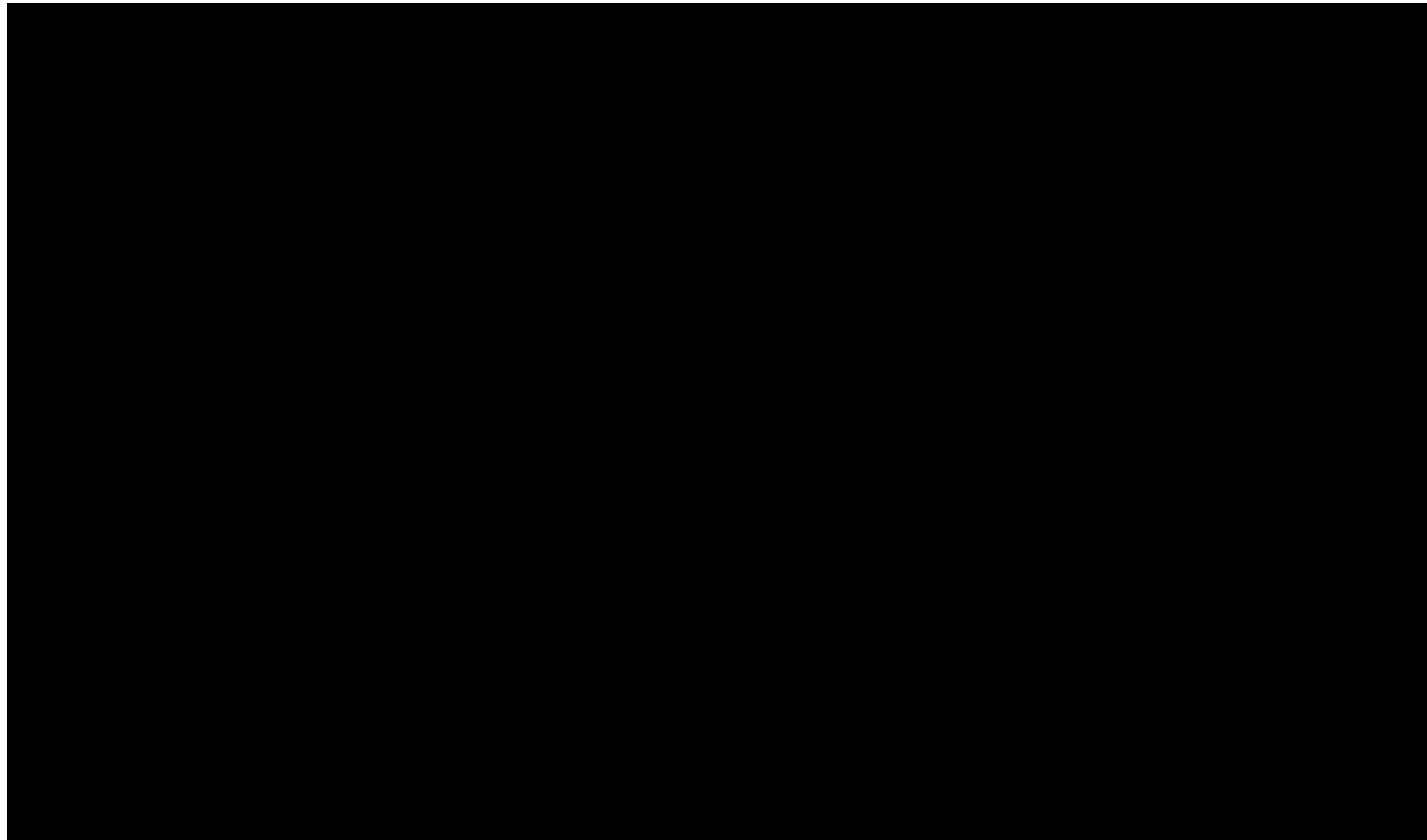
Early Childhood Experiences

Lead to later mental health and development



- The presence of a consistent, sensitive, responsive caregiver buffers against environmental stress

The Development of Executive Functioning



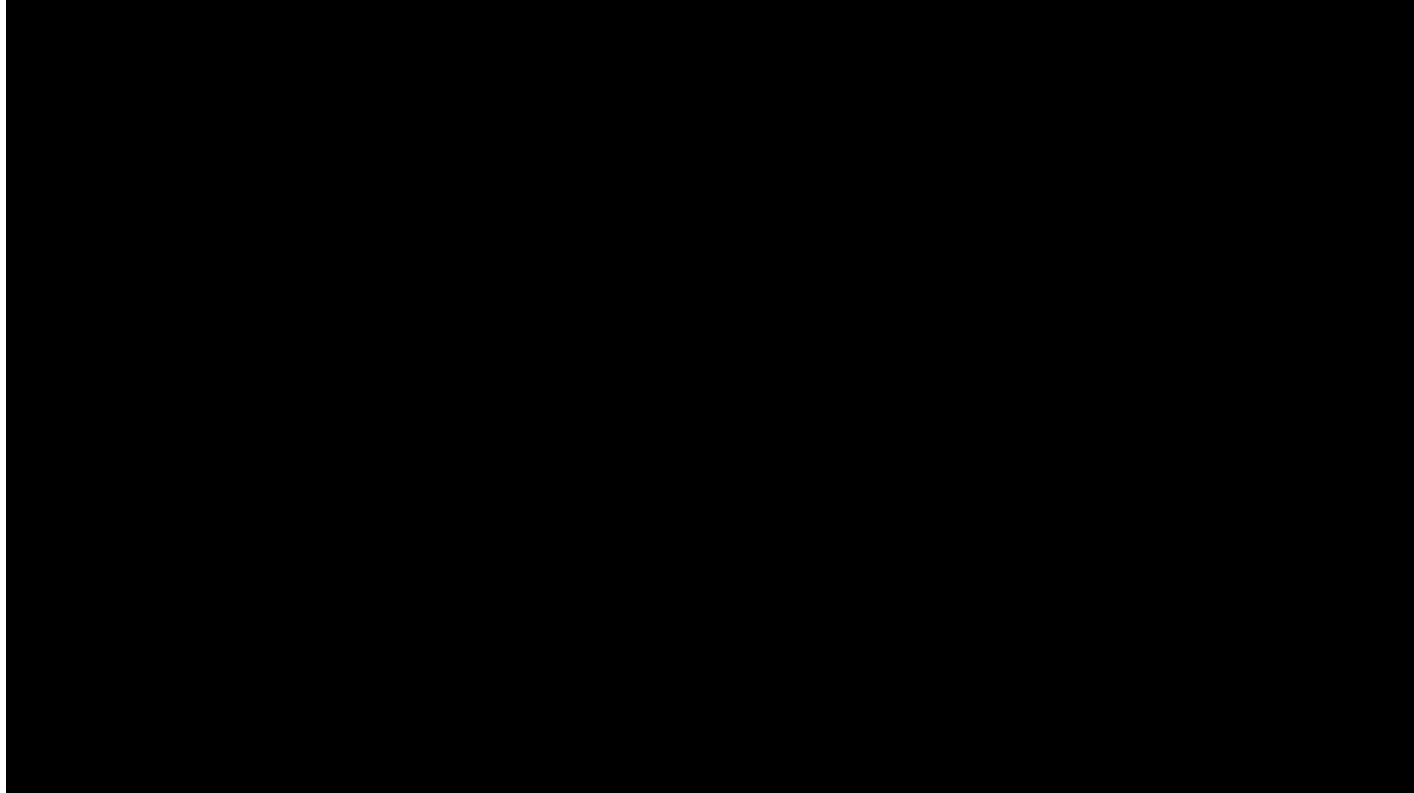
Early Childhood Experiences

Parent triggered by their own traumatic past

- Parent's own stress and trauma reminders lead to dysregulation and inability to use executive functioning capacities
- May have periods of fair EF, but gets triggered from reminders from past
- Cannot think in face of overwhelming emotions: "Flips her lid"



Hand Model of the Brain



When Should I Worry?

Availability

Emotional Reactivity

Planning & Organization

Meeting the Needs of Families



Be an advocate for
the child and family



Promote & support trauma-
informed assessment and
intervention



Meeting the Needs of Families



Recognize the impact on the family



Help the child and family feel safe

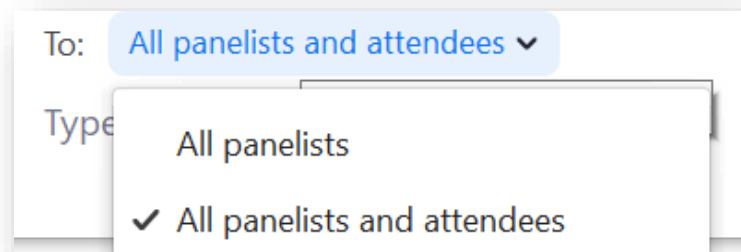


Help the child manage overwhelming affect

Chat



How does creating safety help support executive functioning for families?



Meeting the Needs of Families



Respect and support positive, stable relationships



Help the child make meaning of his life story

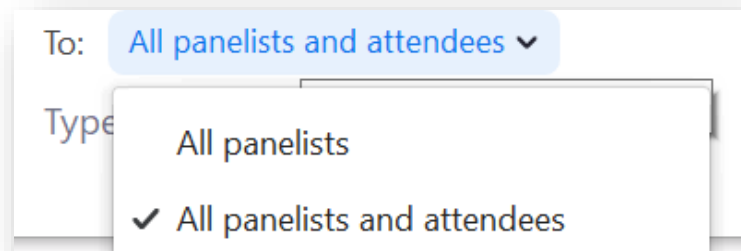


Help the family understand the behavior

Chat



How do supportive, positive, stable relationships support executive functioning?



Fathers Matter



Useful Websites

Child First: <http://www.childfirst.org/>

National Child Traumatic Stress Network: <http://www.nctsn.org>

Child Welfare Information Gateway: <http://childwelfare.gov>

Prevent Child Abuse New York: <http://preventchildabuseny.org>

Zero to Three: <http://zerotothree.org>

ACE Study: <http://www.cdc.gov/violenceprevention/acestudy/>



Credits

This project is supported by:

Heising Simons Foundation

Pritzker Children's Initiative

The Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of a CARES Act award totaling \$4,000,000. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the US Government.





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